

## Impact of alcohol & other drugs on teachers teaching and students learning

### What we need to know & how we need to respond

Never has the impact of alcohol and drugs impacted on our classrooms as they are now - we look at these impacts and how teachers and school leaders can be supported both in and out of the classroom.

**Workshop 1:** Tuesday, September 26<sup>th</sup>

*Alcohol & drugs – what teachers & school leaders need to know*

**Workshop 2:** Tuesday, October 3<sup>rd</sup>

*Alcohol and the Developing Adolescent Brain: Impact & Effects*

**Workshop 3:** Tuesday, October 10<sup>th</sup>

*Hidden Harm Children who live with problem parental alcohol or other drug use. Delivering alcohol & other drugs information in the classroom – strategies & skills*

**Venue:** Mount Errigal Hotel, Letterkenny

**Each workshop will run from 6-9pm**

**Facilitators:** Alcohol Forum Team

## Drama in the Classroom

**Date:** Wednesday, 18<sup>th</sup> October  
**Venue:** County Donegal Education Centre

**Date:** Wednesday, 25<sup>th</sup> October  
**Venue:** Inishowen Gateway Hotel,

**Time:** 7 – 9pm

**Facilitator:** Maura Logue

- Advice and practical techniques will be given to assist with creative learning while enabling teachers to create a 'Creative Space' within the classroom.
- The workshop will offer a space to discuss teachers' needs, will focus on classroom group management & offer a diversity of practical examples and techniques so drama can be developed further to support curriculum needs in the classroom.

**Dress Comfortably – runners no heels!!**

## An Introduction to the Role of the S.N.A.

**Date:** Mondays, 2<sup>nd</sup> 9<sup>th</sup> & 16<sup>th</sup> October

**Venue:** McGettigan Hotel, Letterkenny

**Time:** 6.00pm – 8.30pm

**Facilitator:** Cathal O' Fearraigh

This is a three night introductory workshop series for recently appointed and experienced Special Needs Assistants.

Areas covered:

- The evolving role of the S.N.A.
- The enabling role of the S.N.A.
- Understanding Special Educational Needs.
- School Structures and Policies /Practises.
- Building and maintaining positive relationships.
- Managing challenging behaviour

## Ranganna Cómhrá Gaeilge

**Date:** Tuesday, 17<sup>th</sup> October  
**Venue:** Clanree Hotel, Letterkenny  
**Time:** 4.00p.m. – 6.00p.m.  
**Facilitators:** Mary Durning

Maidir leis an Curaclam nua Teanga na Bunscoile, béidh ranganna cómhrá Gaeilge ar fáil do mhúinteoirí bunscoile.

Is iad na h-áidhmeanna leis na ranganna seo:

1. Sult agus suim a spréagadh sa teanga.
2. Muinín agus líofacht a chothú.
3. Frasaí/ tearmaí coitianta a fhéadfaí úsáid traschuraclam i ngach ábhar.

## 21<sup>st</sup> Century Skills for 21<sup>st</sup> Century Children

This workshop will explore strategies and ideas that we can use in our classroom to ensure we prepare our youth for a rapidly changing 21<sup>st</sup> Century

*Today's students need to be critical thinkers, problem solvers, effective communicators who are proficient in both core subjects and new 21<sup>st</sup> century skills.*

**Date:** Thursday, 5<sup>th</sup> October  
**Venue:** Clanree Hotel, Letterkenny  
**Date:** Monday, 16<sup>th</sup> October  
**Venue:** County Donegal Education Centre  
**Date:** Thursday, 9<sup>th</sup> November  
**Venue:** Teac Jack, Derrybeg

**Time:** 5 – 7pm **Facilitator:** Breideen McGuigan

Our pupils are now digital natives who do not know a world prior to technology. As teachers therefore we need to teach 21<sup>st</sup> Century skills for our pupils to progress and to succeed in this world where change is happening at a phenomenal rate.

The illiterate of the 21<sup>st</sup> Century will not be those who cannot read or write but those who cannot learn, unlearn and relearn.

## Strictly Come... and dance for Fun!! How would you like to 'cha, cha, cha'?

**Date:** Thursday, 19<sup>th</sup> October  
**Venue:** Villa Rose Hotel, Ballybofey  
**Time:** 7pm - 9pm **Facilitator:** Andrea Long

Come along to this introductory night, learn new moves for teaching dance during P.E.

- Steps are suitable to teach to all classes/ages.
- The session will also include a 'swing jive' and 'line dance' routine.
- You don't need a partner and it is suitable for all levels of dancers!!!

## Physiological approach for teaching SEN Teachers & SNAs

*Why some students struggle in class*

**Date:** Monday, 6<sup>th</sup> & 13<sup>th</sup> November  
**Venue:** County Donegal Education Centre

**Date:** Tuesday, 7<sup>th</sup> & 14<sup>th</sup> November  
**Venue:** Silver Tassie Hotel, Letterkenny  
**Time:** 6 – 9pm **Facilitator:** Pauline Hunter

Looking at supporting mainstream teachers in working with SEN students in their classroom. Identification and remediation strategies to use with students to improve Literacy & Numeracy skills, and in doing so increasing students' confidence and self-esteem.

## Child Protection & Safety

**Date:** Monday, 23<sup>rd</sup> October  
**Venue:** County Donegal Education Centre  
**Time:** 5.30pm - 7.30pm  
**Facilitator:** Kathleen O'Reilly

**Date:** Wednesday, 15<sup>th</sup> November  
**Venue:** Clanree Hotel Letterkenny  
**Time:** 6 – 8pm  
**Facilitator:** Lisa Doherty

Child Protection: This course will cover the key considerations & responsibilities for teachers and schools in general regarding child protection and safety. Key aspects – Dealing with disclosures – Referral route – reporting & Recording Procedures. The course is informed by C65/11 & CP Procedures Primary/Postprimary School (DES 2011)

## Creating a Mindful Classroom for Calm & Focus

**Tips and techniques for creating the mindful environment most supportive for children's wellbeing.**

This **experiential training** will enable you to create a mindful classroom and integrate short mindful practices for optimum benefit. Children thrive in a mindful environment because they feel safe and secure and less more balanced. It introduces a much needed balance to the active brain and at the same time enables children to perform at their optimum. For the teacher it enables you yourself to create short 1 or 2 minute pauses in the day to recharge and focus.

**Session 1:** The HOW & the WHY of a mindfulness classroom

**Session 2:** Bringing true calm through self-regulation of emotions

**Session 3:** Developing the power of focus and attention to reach our true potential.

**Venue:** Donegal Ed. Centre

**Facilitator:** Maura Love, PDST

**Dates:** 12<sup>th</sup> & 26<sup>th</sup> October **Time:** 7 – 9pm

## Aistear An introduction: Planning and organising for Play

**Date:** Monday, 6<sup>th</sup> 13<sup>th</sup> & 20<sup>th</sup> November  
**Venue:** St. Patrick's Girls School, Carndonagh  
**Facilitator:** Grace McCarron **Time:** 4 – 6pm

**Date:** Thursday, 16<sup>th</sup> 23<sup>rd</sup> & 30<sup>th</sup> November  
**Venue:** County Donegal Education Centre  
**Facilitator:** Martine Doherty **Time:** 5 – 7pm

Looking for new ideas for teaching literacy and maths in a playful way? Or perhaps, thinking about introducing child-led play in your classroom?

The course links with the new Primary Language Curriculum for junior infants to second class, which emphasises the importance of playful learning experiences for all children. It provides ideas for developing young children's oral language, emergent writing and mathematical learning in a playful way. This course draws on the key ideas in *Aistear: the Early Childhood Curriculum Framework* (2009) and provides lots of practical ideas for using these in your infant classroom.

## Restorative Approach Rethinking Behaviour Management

**Date:** Tuesday, 26<sup>th</sup> September & 3<sup>rd</sup> October  
**Venue:** County Donegal Education Centre

**Date:** Wednesday, 27<sup>th</sup> Sept. & 4<sup>th</sup> October  
**Venue:** Clanree Hotel, Letterkenny  
**Time:** 7pm – 9pm  
**Facilitator:** Roisín Uí Fhearraigh

An introduction to positive school discipline strategies using the principles of restorative practices. Participants will gain an understanding of what it means to be and to act restoratively in both their professional and personal lives. The course will also look at the six major approaches in Bullying Interventions over the two evenings.

All CPD courses listed are grant aided by the Teacher Education Section  
On receipt of a booking form a place will be reserved. Telephone bookings will not be accepted.  
Applicants will only be notified if a problem arises or a workshop is cancelled.  
Places on courses are limited – early booking is advisable.  
Online booking: [www.donegaledcentre.ie](http://www.donegaledcentre.ie) under Autumn Courses 2017 link.  
County Donegal Education Centre, Floor 2/3, Pier One, Quay Street, Donegal Town, Phone: 074 9723487 Twitter: @DonegalEd  
Email: [admin@donegaledcentre.ie](mailto:admin@donegaledcentre.ie) Website: [www.donegaledcentre.ie](http://www.donegaledcentre.ie)